Geography- Over the summer term we had planned to look at the local area. We would like the children to create a piece of work highlighting how the local area has changed and if this is for the better? This could be a powerpoint, poster, leaflet or a VLOG. Children could look at:

- Sutton Hill, Madeley, Ironbridge or Telford Town Centre
- What has changed in the Telford area? (Telford 50 https://www.telford50.co.uk/site/index.php)
- Interview friends and family
- What do you think Telford will look like in another 50 years?

Maths- This week we are looking at adding and subtracting decimals - https://whiterosemaths.com/homelearning/year-5/ Please do one activity each day. Children will be shown how to do the work and then activities are provided.

English- Attached is a creative writing pack- We recommend that you try and complete one page per day. Listen to an audio book and complete a book review (attached below). Follow this link to the website-https://www.worldofdavidwalliams.com/elevenses/.

Attached is a **Keeping Active** home learning pack, which contains: fitness circuit cards and recording sheet, reading practice — tongue twisters, word hunt — find the clues and solve the riddle, the human skeleton and a keeping healthy investigation.

Can you keep a **daily activity journal**? Think about: the things you have done to keep you active; which activity raised your pulse the most; which activity was your favourite and why; and how you plan to keep yourself active on the following day.

Fitness Circuits - Recording Sheet Complete each activity for one minute and rest for one minute in between each exercise. Record how many repetitions of each activity you complete each day. If you have time, you could repeat an exercise to improve your score. Mon Wed Fri Tue Thu 1) tuck jump 2) step ups 3) jumping jacks 4) throw and catch 5) run (on the spot) 6) line jump Complete at the end of the week: How have I improved?





Jump, lifting your knees into your chest.

Record how many jumps you complete.

2. Step Ups



Find a step and step up, one foot after the other, then down.
Record how many 'up and downs' you complete.

3. Jumping Jacks



Jump, placing legs shoulder width apart and raising arms. Jump again, placing legs together and putting hands by your side.

Record how many you complete.

4. Throw & Catch



Stand on a spot and throw a ball in the air and catch it.

Record how many you complete.

2. Run (on the spot)



Run for 1 minute on the spot. Record how many steps that you run.

3. Line Jump



Jump over a line from one side to the other, keeping your feet together.

Record how many jumps you complete.

Tongue twisters

A Tutor Who

A tutor who tooted the flute,
tried to tutor two tooters to toot.
Said the two to the tutor: is it harder to toot
or to tutor two tooters to toot?

Peter Piper

Peter Piper picked a peck of pickled peppers.

A peck of pickled peppers Peter Piper picked.

If Peter Piper picked a peck of pickled peppers,

Where's the peck of pickled peppers Peter Piper picked?

Share your tongue twisters to challenge us too.

If One Doctor

If one doctor doctors another doctor,
does the doctor who doctors the doctor,
doctor the way the doctor is doctoring doctors?
Or does he doctor the doctor
the way the doctor, who doctors doctors, doctors?



How does exercise affect pulse?

This scientific investigation looks at how different exercises affect your pulse rate.

To take your pulse rate, place two fingers on your wrist and count how many beats or pulses you can feel for 30 seconds.



Planning

1) Choo	se three	exercises	that you	will complete	and write	them	below
(e.g. rui	nning on	the spot, s	star jumps	, throwing a	nd catching	g).	

2) How long will you do each exercise for? Circle your answer.

30 seconds 1 minute 2 minutes 3 minutes

Prediction

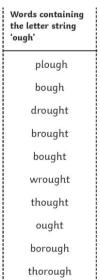
3) Which exercise do you think will give you the highest pulse rate? Try and explain why you think this.

Results

4) Record your pulse rate before and after each exercise.

Exercise	Pulse rate for 30 seconds before exercising	Pulse rate for 30 seconds <u>after</u> exercising					
	J						
	• • • • • • • • • • • • • • • • • • • •						
Conclusion							
5) Which exercise gave you the highest pulse rate?							
6) Why do you think that this exercise gav	ve you the highest	pulse rate?					
7) Find out why your pulse rate increases when you exercise and write an explanation below.							

Spelling- Complete a variety of the spelling activities we provided you with last week (the ones we usually do in a morning at school). Your word list for this week:



Don't forget to write them in to sentences to share with us.

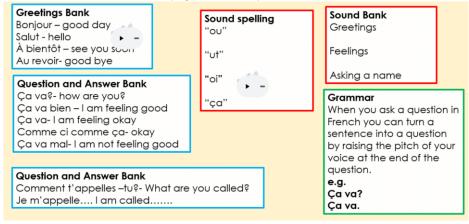
Word of the week- Your word of the week this week is 'puerile'. Which word class does it belong to? Write it in to your own sentence. Can you challenge yourself to write two different sentences?

French- Here are some French activities for you to work through. Scan the QR and it will bring the activity up on your phone or tablet for you to complete.

Scan a QR code with a tablet or smartphone to start.



This will help you to complete the activities:



Who would this book be suitable for? Age/interests	What is the book about?	Author:	Book Review Book review by: Title:
	Book Illustration	45 45 45 45	Would you/would you not recommend the book? Why?