

Story time

Can you draw a picture of the ending?

*Questions to ask your child:*

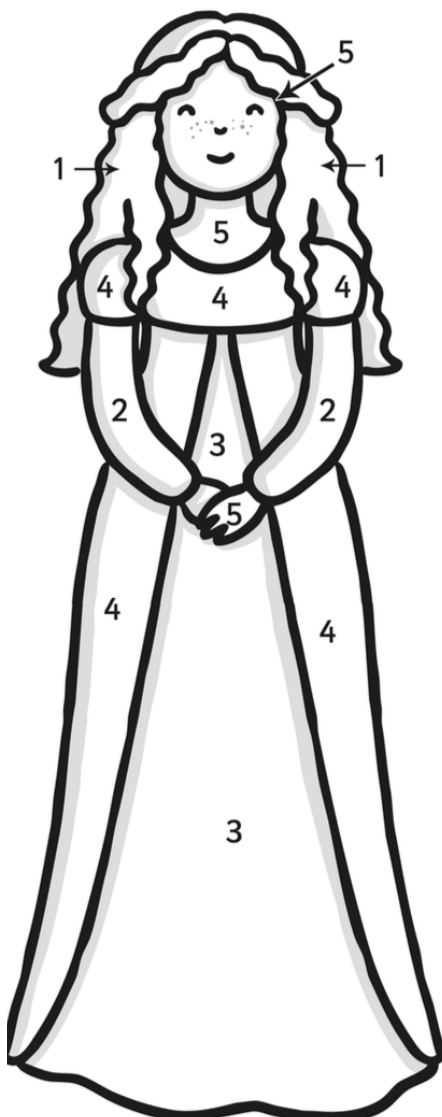
What was your favourite part of the story?

Why was that your favourite part of the story?

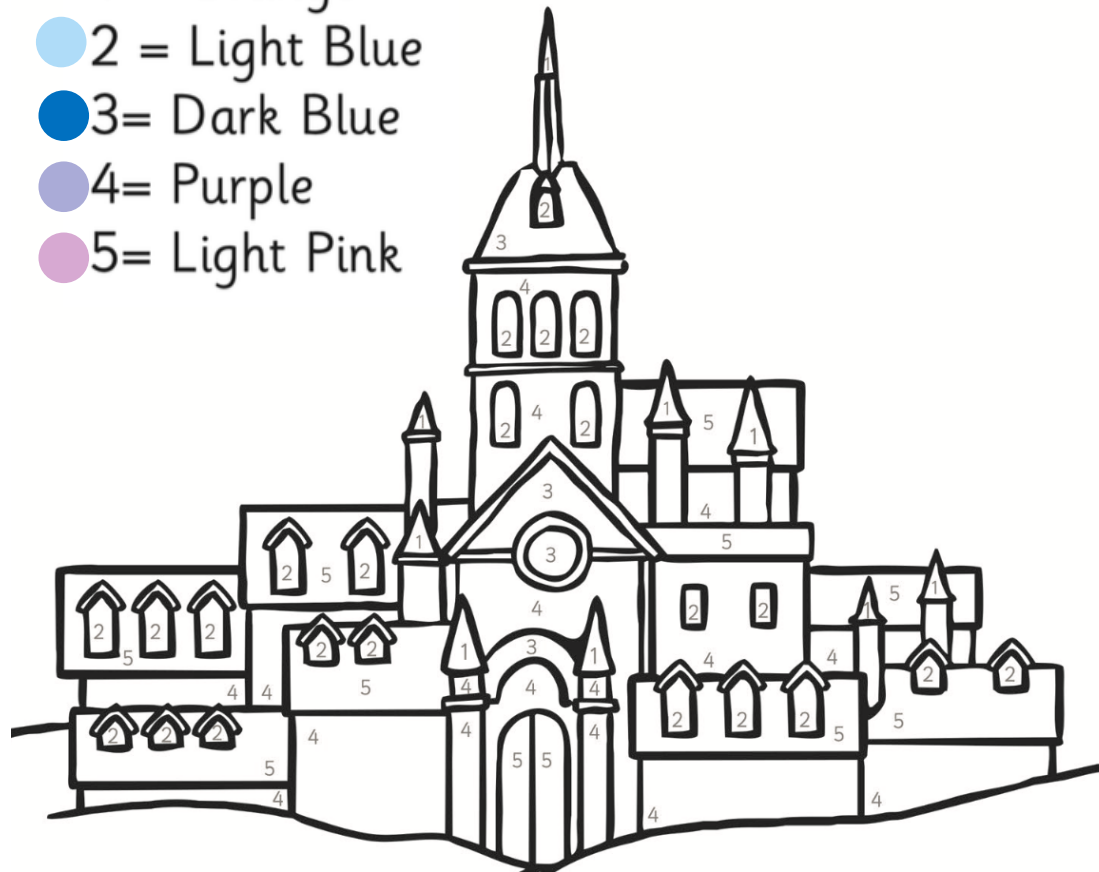
Who was your favourite character?

What happened in the story?

Colour by number



- 1 = Orange
- 2 = Light Blue
- 3 = Dark Blue
- 4 = Purple
- 5 = Light Pink



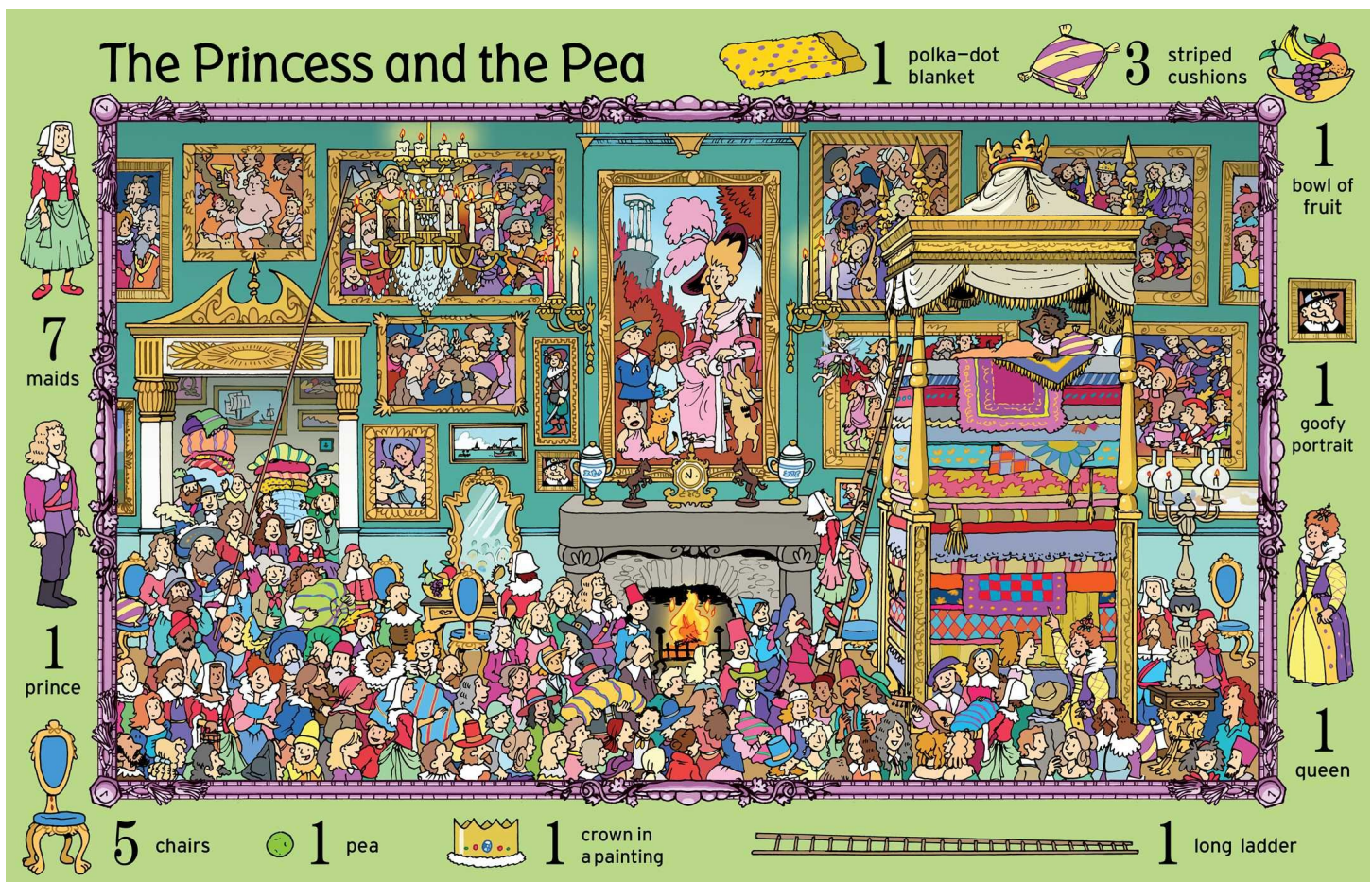


## Make a crown or a castle

*Some ideas you may like to use, but you can allow your child to be as creative as they like!*



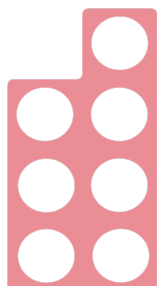
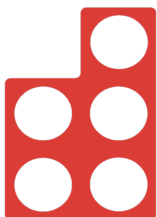
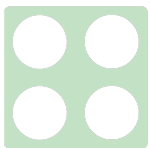
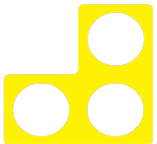
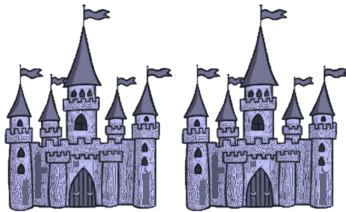
## A game for a king



## Nursery Rhymes

Can you draw a picture of the nursery rhyme you have sang?

Count the castles



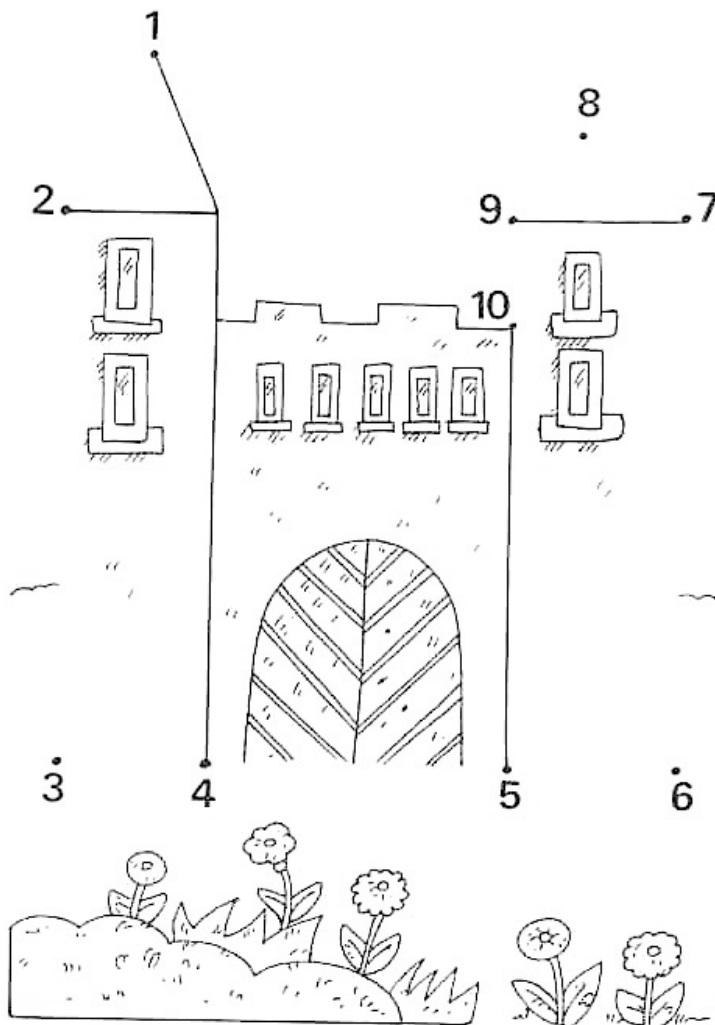


## The Palace Kitchen



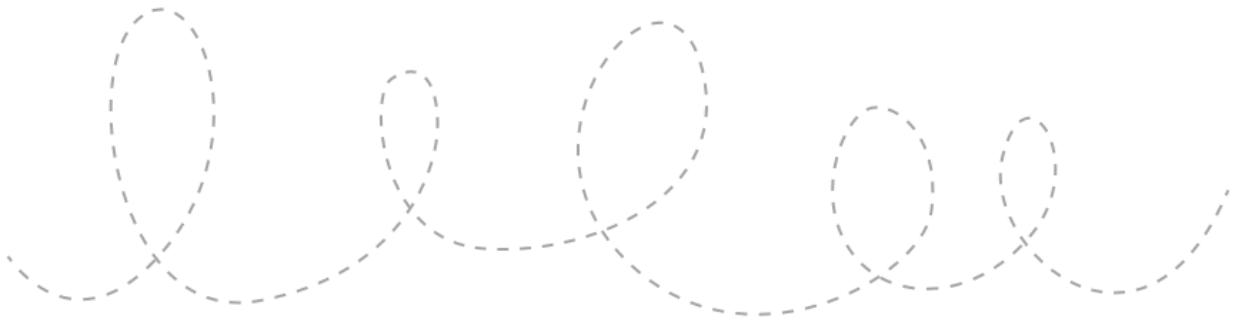
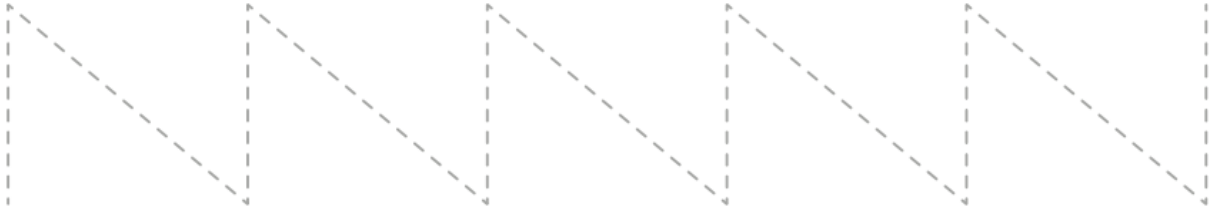
Can you draw a picture of what you have made?

## Dot to dot





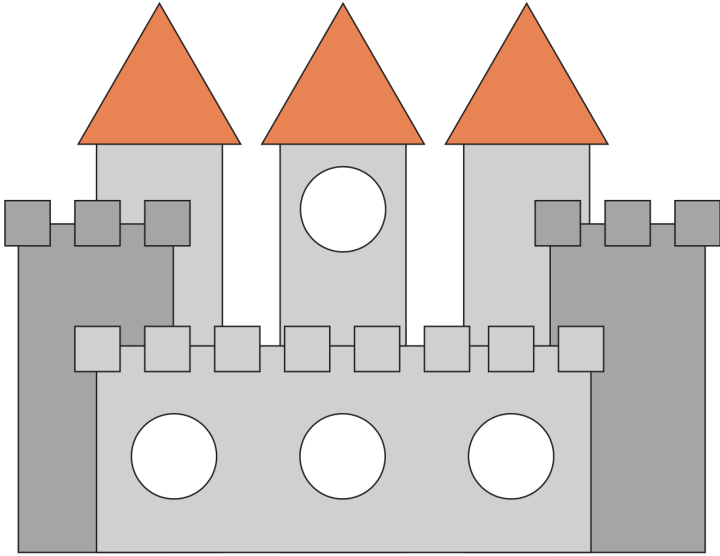
Marking the footprints



## Shape Castles

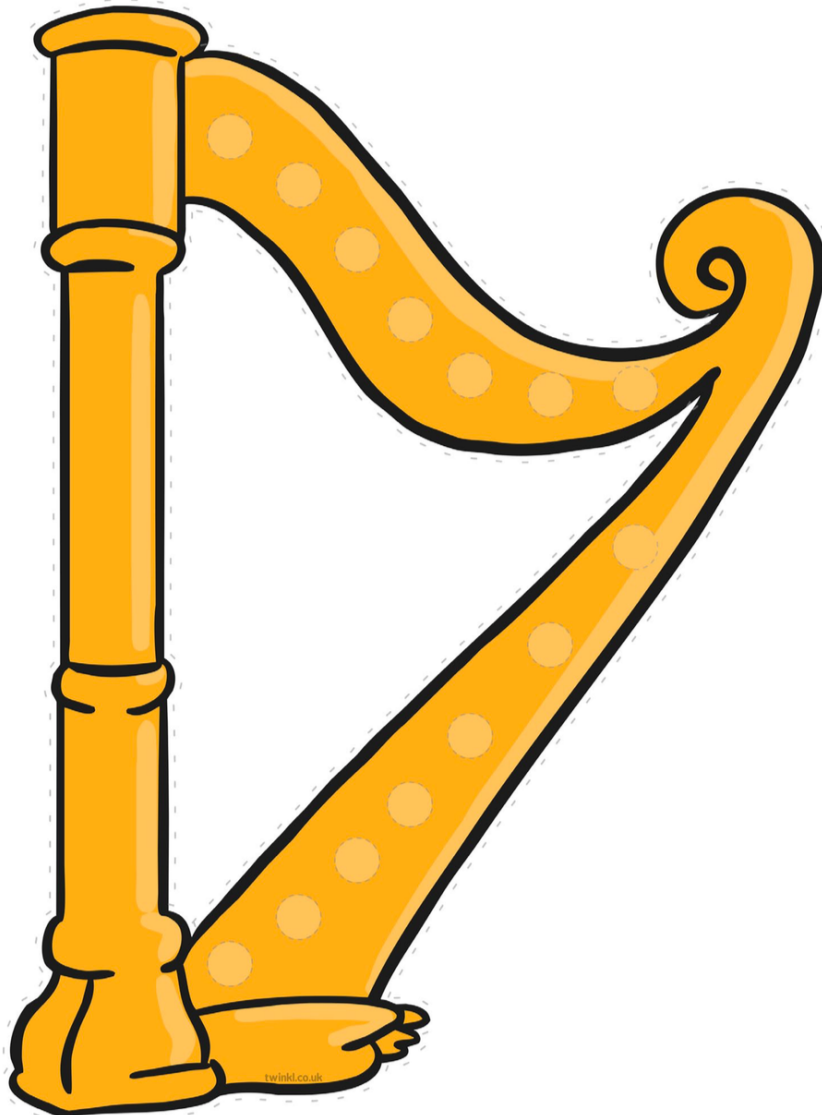
*Questions to ask your child:*

Can you name the shapes on the castle?  
How many of each shape are there?



Can you draw your own?

## The Royal Thread



## Fairy Tale Yoga

Fairy Tale Yoga

### Ladybird

This pose will turn you upside down. Keep your knees soft and make sure your back feels comfortable at all times.

1. Start in standing.
2. Take your feet out wide and slightly bend your knees.
3. Make sure your feet are strong on the floor.
4. Slide your hands down your legs towards the floor.
5. Lift your hips up towards the ceiling.
6. Bend your knees and lift up to come back to standing.
7. Do this again if you want to.



Fairy Tale Yoga

### Butterfly

This pose will gently stretch your hips. To stay safe and comfortable, make sure you don't feel a stretch in your knees.

1. Start in sitting with your knees slightly bent.
2. Bring the soles of your feet together.
3. Let your legs widen so that your knees fall towards the floor.
4. Keep sitting up tall.
5. As you breathe in, lift your knees.
6. As you breathe out, let your knees sink.
7. Do this again if you would like.

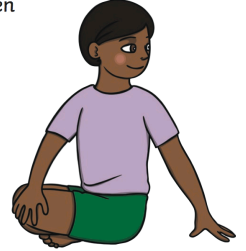


Fairy Tale Yoga

### Mouse

This pose helps your spine to be flexible. To make it more comfortable, don't twist your body as much.

1. Start by sitting comfortably.
2. Cross your legs.
3. Take one hand on to the opposite thigh and then twist around.
4. Lift your tummy as you twist around to one side.
5. Now, twist smoothly to the other side.
6. Come back to the front, slowly and smoothly.
7. Repeat this pose with the opposite leg on top as you cross them.



Fairy Tale Yoga

### Dragonfly

This pose will help you balance. If you wobble, come back to standing or put your hand on a support, such as the wall or a chair. Remember that we do not touch anyone else during yoga.

1. Start in standing. Make sure you are nice and tall.
2. Wrap one leg over and around the other.
3. Take your arms out wide.
4. Breathe in and out easily and gently for a while.
5. Then, unwrap your legs and come back to standing.
6. Do this again with the opposite leg on top.



That's my name!



Can you find your name in the picture?














### Palace Patterns






1. 

									
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2. 

									
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3. 

									
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4. 

									
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5. 

									
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### Princess or King for a day

Can you draw a picture of you as a Princess, Queen, King or Prince?

### Make a rainbow

1. Cut the kitchen roll into the shape of a rainbow.
2. At each end, use the felt-tip pens to colour a rainbow about 2cm up from the bottom. Remember the order of the colours: red, orange, yellow, green, blue, indigo, violet.
3. Attach the paperclip to the top of the rainbow and tie a piece of thread to it. This will allow you to hold your rainbow.
4. Add water to the two bowls.
5. Hold the rainbow with both ends slightly submerged into each bowl of water and watch your rainbow grow.



