



## PSHE / RSE

### Intent Statement

#### **What is the intent of the PSHE/RSE curriculum at Sir Alexander Fleming Primary School?**

Our intention is that, when children leave Sir Alexander Fleming Primary School, they do so with the knowledge, understanding and emotions to be able to play an active role today's society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it.

#### **What do we want for our pupils?**

- Develop a confidence in sharing their own thoughts and opinions with others
- Develop skills and attributes to keep themselves healthy and safe
- Develop an attitude of a responsible global citizen
- To show tolerance of other beliefs, religions, and life choices.
- To build positive, respectful relationships with other people

Our long-term aim is that meaningful PSHE/RSE lessons are the key to children becoming confident, tolerant and well-rounded adults. Children will be able to approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. From their exposure to a range of global issues and problems, children will be able to build up tolerance and a sense of responsibility of being a global citizen.

#### **Progression through the PSHE/RSE curriculum:**

To learn PSHE/RSE effectively, PSHE/RSE is embedded throughout school. Implementation needs to ensure depth, accurate subject knowledge, detailed planning and building on prior learning. We offer a comprehensive programme for primary PSHE including statutory Relationship and Health Education, in a spiral, progressive and fully planned scheme of work, giving children relevant learning experiences to help them navigate their world and to develop positive relationships with themselves and others. We use the Jigsaw programme from

Year 1 to Year 6, which consists of six half term units of work, each containing six lessons, covering each academic year.

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

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PSHE Leaders