



# #SAF News

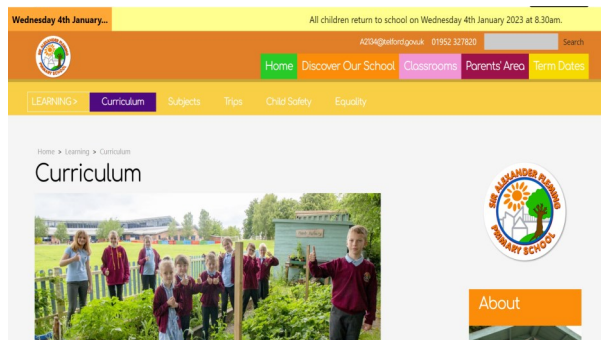
## 'Belonging, Being, Becoming'

Value of the month: Kindness

Monday 9th January 2023

Good morning all,

Pupils have made an amazing start back this week and have been busy getting stuck into their new topics and learning this week. You can access the curriculum overview for your child on our school website in 'Discover our school—learning—curriculum'. Here it shows what your child will be covering for the academic year.



Year Group	Topic
EYFS	C is for Community
Year 1	W is for What if?
Year 2	Who's the King of the Castle?
Year 3	A tropical Rainforest
Year 4	The Romans
Year 5	Super Space Explorers
Year 6	Victorians

The overview details what will be covered in each National Curriculum subject; it also shows the quality texts children will be reading in each year group - a great idea for birthday presents! I would encourage you to go on and have a look!

### Changes to our school day

You have received a letter regarding the timings of our school day and changes that we need to make to ensure that we are offering 32.5hours of education a week to our children. This change to the day is due to begin following our Easter holidays on **Monday 17th April 2023**.

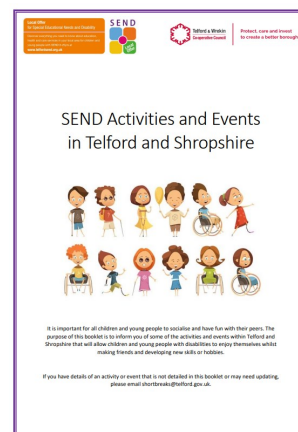
### SEND Activities in Telford

[Education Noticeboard - 5 January 2023 - Telford & Wrekin Council](#)

A booklet is available to download, which contains details of activities being ran in the local community for children and young people with disabilities to socialise and have fun whilst discovering new hobbies and interests.

### Short break activities in Telford

Queries can be sent via email to [shortbreaks@telford.gov.uk](mailto:shortbreaks@telford.gov.uk).





# #SAF: Meet the Teacher

## 'Belonging, Being, Becoming'

I'm Miss Reese!

You'll often find me at the weekend going on nice walks, especially if it ends with a trip to a café! I am a national trust member and one of my favourite places is Powys Castle.

I love baking. My signature dish is a strawberry meringue! Although I'm not sure it would get the Paul Hollywood handshake!

I love to read in the evenings. One of my favourite stories is Jane Eyre.



Miss Reese is our Nursery teacher and is currently our Acting Assistant Headteacher. She leads our Early Years and Year 1 classes as well as reading across the school. She is an outstanding teacher and one of the best that I have ever worked with!

She adores the children within our school and is committed to ensuring that they all get the absolute best start in life! Her Nursery is just gorgeous!

We are very lucky to have her as part of our team at Sir Alexander Fleming Primary School and Nursery.



## **Guidance from Health Protection Team**

### **[Back to school advice – January 2023](#)**

With flu and COVID-19 circulating, high numbers of Scarlet Fever cases and the likelihood of diarrhoea and vomiting outbreaks, the Health Protection Hub have provided some public health information for educational settings.

Within the setting, in order to reduce transmission of these illnesses our controls are:

#### **Absence from school**

It's important that children and staff do not attend the setting if they are too unwell and have a fever. The exclusion periods for common illnesses are as follows:

COVID-19 - 3 days after test for children and 5 for adults, providing well enough and no fever.

Scarlet fever/Strep A – at least 24 hours after commencement of antibiotics.

Diarrhoea and vomiting (D&V) – 48 hours after cessation of symptoms

Chickenpox – at least 5 days and until blisters have crusted over

General undiagnosed respiratory illness – exclude any affected individual who has a high temperature and are unwell, until they no longer have a high temperature and are well enough to attend.

#### **Ventilation**

Letting fresh air into indoor spaces can help remove air that contains virus particles and prevent the spread of COVID-19 and other respiratory infections.

These include:

partially opening windows and doors to let fresh air in

opening higher level windows to reduce draughts

opening windows for 10 minutes an hour or longer can help increase ventilation – where possible this can happen when the room is empty in between lessons, for example you should always balance the need for increased ventilation while maintaining a comfortable temperature.

#### **Handwashing**

Hand washing is one of the most important ways of controlling the spread of infections.

Settings should ensure that staff and students/children have access to liquid soap, warm water and paper towels.

Bar soap should not be used.

#### **Cleaning**

Effective cleaning and disinfection are critical, particularly when food preparation is taking place.

In the event of an outbreak of infection, we would recommend enhanced and more frequent cleaning, to help reduce transmission – for example twice daily cleaning of areas (with particular attention to door handles, toilet flushes and taps) and communal areas where surfaces can easily become contaminated such as handrails, with hot, soapy water and an appropriate disinfectant. Milton is recommended especially when you have outbreaks of D&V, used in accordance with the instructions.

#### **Respiratory Hygiene**

Covering the nose and mouth during sneezing and coughing can reduce the spread of infections.

Anyone with [signs and symptoms of a respiratory infection](#), regardless of the cause, should follow [respiratory hygiene and cough etiquette](#), specifically:

cover nose and mouth with a tissue when coughing and sneezing, and dispose of used tissue in non-healthcare risk waste bin and perform hand hygiene

cough or sneeze into the inner elbow (upper sleeve) if no tissues are available, rather than into the hand  
keep contaminated hands away from the mucous membranes of the eyes and nose

# 7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE. BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY, IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?



AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY. ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.

3

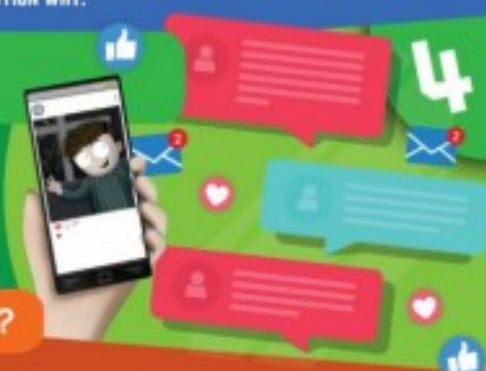
PLAY AGAIN?  
YES NO



How does this game/app work? Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?



CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD. FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.

5



Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?



YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.

7



Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.



# #SAF News

## 'Belonging, Being, Becoming'



Here is the list of things happening during the Spring Term. We have made some slight changes so please look closely.

### SPRING TERM

Monday 2nd January	Bank Holiday
Tuesday 3rd January	PD Day
Wednesday 4th January	School resumes @ 8.30am
Sunday 22nd January	Chinese New Year
Friday 3rd February	Year 2 Class Assembly – Year 2 parents invited
Monday 6th February	Children's Mental Health Week
Tuesday 14th February	Internet Safety Day
Tuesday 14th February	Friends of School: Valentine's Disco
Friday 17th February	School breaks up for <b>HALF TERM @ 3pm</b>
Monday 27th February	Children return for Spring term 2
Friday 10th March	Wear own clothes day in exchange for an Easter Egg
Friday 10th March	Reception Class Assembly – Year R parents invited to attend
Monday 13th March	Easter Bonnets can begin to come into school for the parade on the last day Easter egg raffle tickets are on sale.
Monday 13th March	Art Week in school—please send in a top for children to get messy!
10th – 19th March	British Science Week – Parent Science afternoons TBC
Friday 17th March	Comic Relief – noses will be on sale from the week before
Friday 17th March	Mother's Day breakfast in hall 8.30 – 9.30am
WC: 20th April	Pupil Progress Consultations – 8.30am – 4.00pm (other times are available on request) Monday: Year 1, Tuesday: Year 6, Wednesday: Year 4, Thursday: Year 3 and Year 5, Friday: Year 2 and YR and N—may change
Friday 31st March	Easter egg raffle draw / Easter bonnet parade
Friday 31st March	End of term @ <b>1pm</b>