# PSHE at Sir Alexander Fleming Primary School.

## Planning Inclusive Lessons

At Sir Alexander Fleming, PSHE teaching and learning offers a progression of skills and includes opportunities to practise and enhance many fundamental skills including self-awareness, social skills, empathy, motivation and managing feelings. Lessons often include changes of tasks and transitions between discussions, reflections and team work . In order for PSHE education to be accessible and inclusive for all, teachers anticipate potential barriers for individual learners and consider ways of minimising these to ensure participation. Teachers consider factors that support each learner's needs and factors that may inhibit or prevent learning such as gaps in knowledge of vocabulary or processes and struggles to work co-operatively and communicate ideas with peers. Teachers are also mindful of how to balance adult support alongside opportunities for more independent or collaborative learning, ensuring tasks are scaffolded or broken down so they do not become overwhelming.



#### Creating an Inclusive Environment

Creating an Inclusive Environment, we ensure that all aspects of learners' involvement in PSHE education is as inclusive as possible. At Sir Alexander Fleming teachers consider the practical layout of the room and seating. Considerations are made to ensure the needs of all pupils are met, for example, children with a physical disability have appropriate space to work, children with more sensory needs have access to adapted visual or auditory aids and children with particular SEND needs are considered and supported particularly if lesson content may be triggering, upsetting or concepts of 'inferring feelings' is very difficult to understand. Although PSHE opportunities, such as discussion, role play and drama, lend themselves to groups, some learners benefit from working individually, with or without the support of an adult and/or ICT.

# How do we support learners who struggle with attention? Consider positioning of children to maximise engagement Break lesson into manageable chunks

Allow movement breaks and time to self-regulate

## How can I support learners who struggle with change and transition?

Establish routines and maintain these. For example, Jigsaw Charter to begin the session, followed by Calm Me, sharing learning intention

Share changes to routine in advance particularly if there are to be role play/drama activities which are more fluid in nature.

-Provide clear timings with resources to support visual timers on the board. This allows learners to expect the transition to the next stage of the lesson or task.

How do we support learners who struggle retain vocabulary? Pre-teach vocabulary to identified children. Discuss key PSHE vocabulary -Display key vocabulary and meaning Provide visual word banks Teacher will consistently use vocabulary during the sequence of lessons

How do we support learners who struggle to participate in social situations?

Carefully consider the group the child is working in to ensure they feel comfortable.

If performing or role-playing scenarios/freeze frames, allow more than one group to perform simultaneously. Assign specific roles to specific children in the group to avoid confrontation

Teaching considerations		
Early years	Key stage 1	Key stage 2
Children may feel shy	Explore unfamiliar	Consider carefully how to
sharing their ideas and	vocabulary thoroughly to aid	ensure children work co-
opinions aloud in front of	understanding. – Consider	operatively and productively
their peers so build in	ability to work efficiently in	during group work activities.
times for children to do	a group and scaffold and	- Explore unfamiliar
this both to a partner and	support as necessary.	vocabulary thoroughly to aid
in a small group Inferring		understanding Ensure the
feelings can be difficult so		children know the ground
use puppets to role play		rules of not repeating lesson
scenarios.		content to younger pupils if
		it is not 'age appropriate'.

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