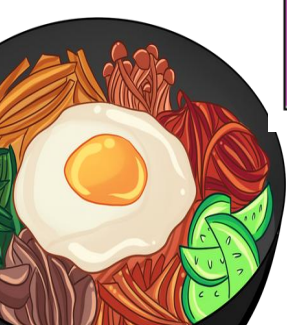

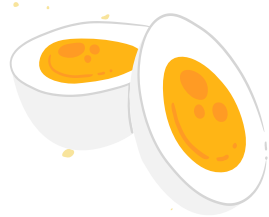


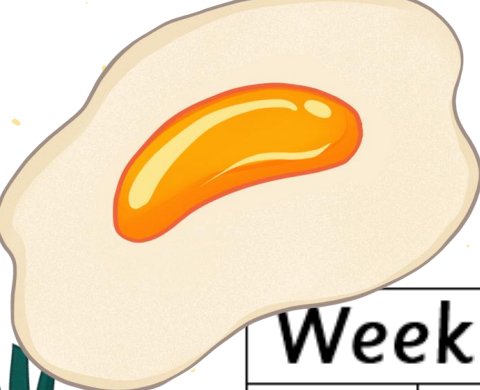


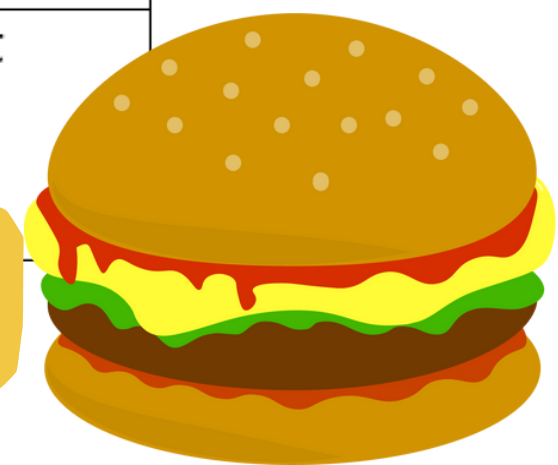
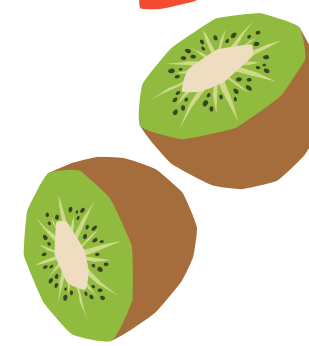
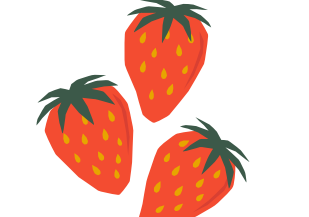



MENU – Week 1

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Chicken nuggets Veggie dippers	Sausage and Mash with tasty gravy Quorn sausage and mash with tasty gravy	Fish fingers Battered cod fillet Salmon fishcakes	Tandoori chicken wraps/ Quorn chicken wraps	Spaghetti Bolognese with spaghetti Quorn Bolognese with spaghetti (V)
	Homemade pizza with various toppings	Cauliflower cheese with crunchy topping	A selection of cold filled wraps	Cheese and potato flan	Sausage rolls Vegetarian Sausage Rolls
	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings
On the side	Chunky chips Baked beans Garden Peas BBQ sauce / curry sauce	Mashed potato Yorkshire Pudding Cabbage Carrots	Herby diced potatoes Mushy peas Baked beans	Potato wedges Sweetcorn Garden Peas	Garlic bread Broccoli Sweetcorn
To finish	Rice Pudding and jam	Fruity orange jelly and ice-cream	Fruit crumble and custard	Cornflake cake	Flapjack

Available daily: Seasonal salad bar, high fibre bread selection, cheese and crackers, piece of fruit or fruit salad, yoghurt

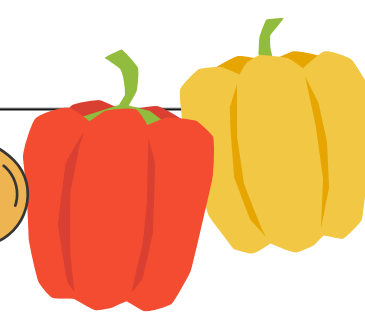
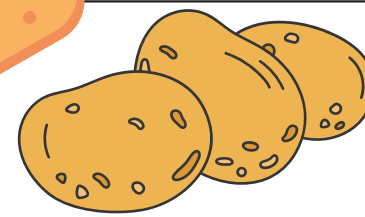
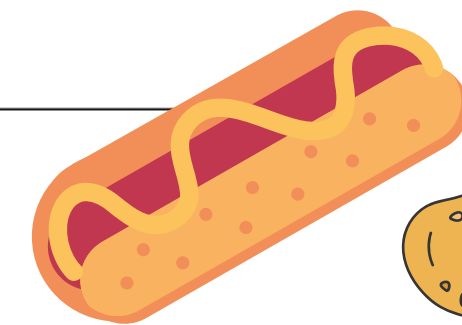
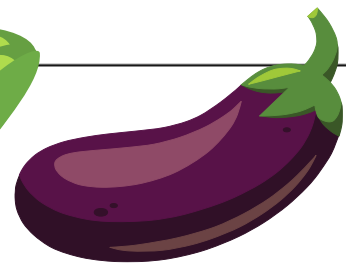

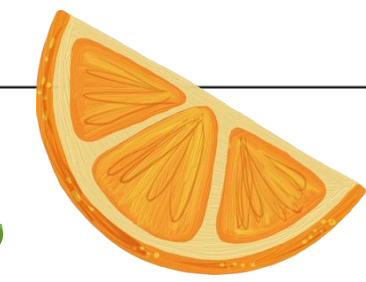
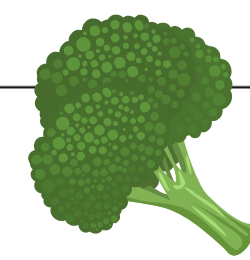
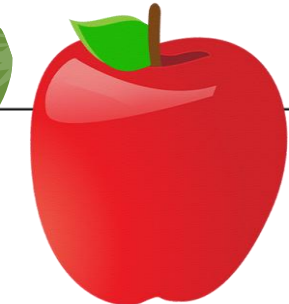
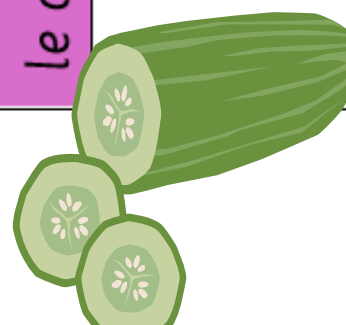







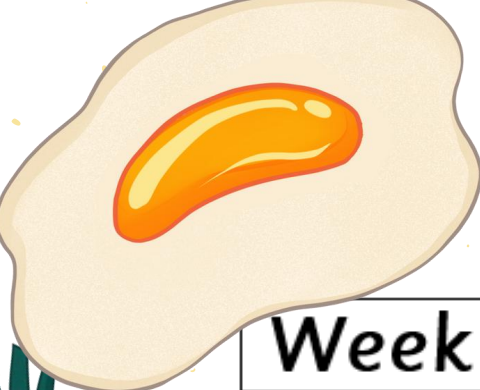


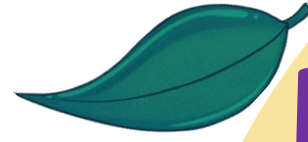

MENU – Week 2

Week 2

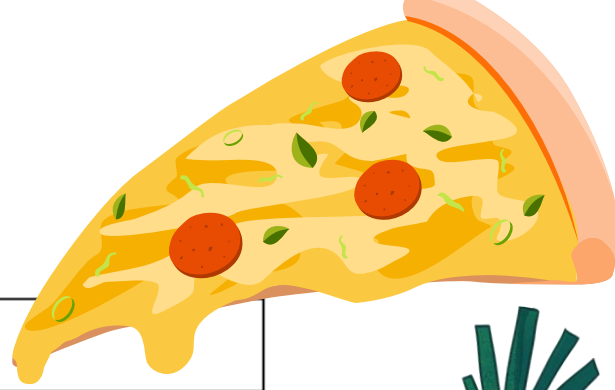
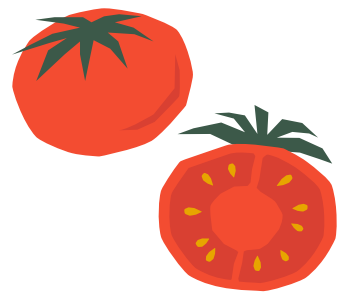
	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Hunters chicken in BBQ sauce	Gammon, omelette and pineapple	Burger with cheese	Lasagne with garlic bread	Jerk chicken
	Quorn fillet in BBQ sauce with cheese	Quorn fillet	Vegetarian burger with cheese	Vegetarian lasagne with garlic bread	Jerk Quorn fillets
	Vegetable pasta bake	Macaroni cheese with a golden crust and garlic bread	Hot dog with onions	A selection of cold filled wraps	Tacos! Chicken / mince filling
	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings
On the side	Potato wedges Carrots Green beans	Roast potatoes Carrots Sweetcorn	Chips Onions Beans	Pasta twirls Garlic bread Mixed veg	Savoury rice Sweetcorn Peas
To finish	Fruity jelly and ice-cream	Sponge and custard	Chocolate crunch cake with raisins	Ice cream	Cookie selection
Available daily	Seasonal salad bar, high fibre bread selection, cheese and crackers, piece of fruit or fruit salad, yoghurt				







MENU – Week 3



Week 3					
	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Meatballs with chunky vegetable sauce	Chicken nuggets	Big Breakfast sausage, bacon (vegetarian sausages available)	Pie of the week. (cheese and potato, sausage pie, cottage pie, chicken and mushroom).	Chicken Tikka masala
	Vegetarian meat balls with chunky vegetable sauce	Veggie dippers			Sweet potato and chickpea curry
	Chunky vegetable and bean pasta and garlic bread	Homemade pizza with various toppings	A selection of cold filled wraps	Fish fingers Battered cod fillet Salmon fishcakes	Cheese and potato pasty
On the side	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings	Jacket potato & selection of toppings
	Pasta twirls Mixed vegetables	Chunky chips Baked beans Garden Peas	Hash browns bites Scrambled eggs Mushrooms Tomatoes	Mashed potato Mushy peas Broccoli	50/50 Rice Naan bread Broccoli
To finish	Fruit muffins	Chocolate brownie and ice-cream	Shortbread	Fruit pie and custard	Mousse
Available daily	Seasonal salad bar, high fibre bread selection, cheese and crackers, piece of fruit or fruit salad, yoghurt				

